

Memo

Re: **Student Wellness Committee Annual Report- School Year 2020-21**

The goal of the North Penn Student Wellness Committee is to ensure compliance with School Board Policy 5140(a) - Student Wellness and the USDA Healthy Hunger Free Kids Act of 2010. As such, it assists the district as an advisory group in providing a school environment that promotes student wellness, proper nutrition education, and regular physical activity as part of the total learning experience.

In compliance with the USDA regulation, the Student Wellness Committee includes teachers, administrators, students and community members. In the 2020-21 school year, the Student Wellness Committee met on the following dates:

April 19, 2020 (Virtual Meeting)
Online Triennial Assessment work from April 26-May 7
Triennial Assessment Completed and Posted on June 29, 2021

[The Healthy, Hunger-Free Kids Act of 2010](#) expands the scope of local school wellness policies; brings in additional stakeholders in its development, implementation and review; and requires public updates on the content and implementation of the student wellness policy. The intent is to strengthen local school wellness policies so they become useful tools in evaluating, establishing, and maintaining healthy school environments, and to clarify the content and implementation of local school wellness policies.

The North Penn Student Wellness Committee will share this report on the SNS website as an effort to publicly update the content and implementation of our work and to ensure compliance with the USDA regulation.

The focus of the 2020-2021 Wellness Committee agenda was to analyze and complete the required Student Wellness Committee Triennial Assessment. The assessment tool was created by the Pennsylvania Department of Education and the final draft is posted to the Student Wellness Committee webpage to view. The assessment was reviewed by the Student Wellness Committee members with the option to respond to each question through a Google Form. All responses were compiled and summarized in the final assessment posted along with goals that the committee will review to set goals for the next few years.

Additionally, we also updated the Student Wellness Committee website to include suggestions provided by committee members. The website now includes a survey for community members to fill out if they have any comments or suggestions to be discussed by the committee. Additionally, there is a google form for anyone to fill out who may be interested in joining the committee. Lastly, we added additional resources for staff and families on healthy fundraisers and activities to promote wellness in school and at home.